SUMMUS LASER POD

FOR PATIENTS

Frequently asked *questions.*



01 What is the Summus Laser Pod?

The Laser Pod is the world's first whole-body photobiomodulation (PBM) device powered by true Class IV laser technology, supplemented by LED arrays. You lie comfortably inside the enclosure for a timed session while therapeutic red and near-infrared light is delivered uniformly across your entire body. It is FDA-registered (510(k) exempt) and intended for the temporary relief of minor muscle and joint pain, stiffness, minor arthritis pain, muscle spasms, temporary increase in local blood circulation, and temporary relaxation of muscles.

02 How is the Laser Pod different from a "red light bed" or LED panel I've seen elsewhere?

While many wellness products use the term "red light therapy," the Laser Pod is fundamentally different from consumer LED panels and at-home devices. It uses true laser diodes — which deliver coherent, narrow-bandwidth, directional light — rather than broad-spectrum LEDs. In practical terms, laser light maintains its intensity more consistently across the curves of your body, enters your skin at more favorable angles, and delivers a more precise wavelength to the tissues that benefit from it. It is also a clinically supervised medical device with engineered session protocols, not a consumer product where the dose is left to guesswork.

03 What does a session feel like?

A session is relaxing and comfortable. You will lie inside the Pod and feel a gentle, soothing warmth on your skin — similar to the warmth of sunlight without the UV exposure. Most patients find sessions calming, and many simply close their eyes and rest. You'll wear protective eyewear throughout the session, which is standard practice for any laser-based device.

04 How long does a session last, and how many will I need?

Sessions are short — typically 15 minutes — and are governed by preset protocols on the device. The number of sessions you'll need depends on your individual goals and what your provider recommends. Some patients notice benefits after just a few sessions; others use the Pod regularly as part of an ongoing recovery, wellness, or longevity program.

05 Is the Laser Pod safe? It's a Class IV laser — should I be concerned?

Yes, it is safe when used as directed. "Class IV" is a laser safety classification that describes the potential hazard of the raw laser source itself — not the real-world risk of a fully engineered medical device. The Laser Pod is built with safety interlocks, controlled session timing, and an enclosed design specifically so the powerful laser energy is distributed safely across your full body rather than concentrated at a single point. You'll wear protective eyewear during every session, and your provider will screen you beforehand for any conditions or medications that warrant caution.

06 If lasers are so much more powerful than LEDs, why doesn't it feel hot?

The Pod is engineered to distribute its energy across your entire body surface over a timed session, so the warmth you feel stays comfortable and within safe thermal limits. The mild warmth you experience is part of the therapeutic mechanism — it isn't the focal, intense heating people associate with surgical or cosmetic lasers. The absence of uncomfortable heat is a sign of thoughtful engineering, not low power.

07 How does the light actually help my body?

Red and near-infrared light penetrate the skin and are absorbed by tiny structures inside your cells called mitochondria — the energy producers of every cell. This absorption supports your cells' ability to produce energy (ATP), modulates inflammation, and influences circulation and tissue repair processes. With whole-body delivery, these effects are systemic rather than limited to one targeted area, which is why many patients use the Pod for general recovery, wellness, and feeling restored.

08 Can the Laser Pod treat my specific condition?

The Laser Pod is cleared for the temporary relief of minor muscle and joint pain, stiffness, minor arthritis pain, muscle spasms, temporary increases in local blood circulation, and temporary muscle relaxation. It is not intended to diagnose, treat, cure, or prevent any disease. If you have a specific medical condition, your provider can discuss whether Pod sessions might be an appropriate addition to your overall care plan.

09 I'm already getting handheld Class IV laser treatments at this office. Why would I also use the Pod?

The two are complementary, not redundant. The handheld Class IV laser focuses concentrated power on a specific injury or area where targeted treatment matters — a sore shoulder, a healing wound, a localized pain point — and is delivered by your provider. The Pod distributes laser energy across your entire body for systemic benefits like recovery, circulation, and overall wellness. Many patients benefit from both: targeted sessions with the handheld for specific issues, and Pod sessions for whole-body restoration.

10 Who shouldn't use the Laser Pod?

The Pod is appropriate for most adults, but there are some situations where caution is warranted. Your provider will screen you before your first session, but generally, the Pod is not recommended if you are pregnant, have an active malignancy, or are taking medications that increase your sensitivity to light (photosensitizing medications). Always let your provider know about your full medical history, current medications, and any recent changes to your health before beginning sessions.

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